

## “Sashiko Interactive – Reversible Coasters”



Embroider these colorful and meaningful coasters using Sashiko Embroidery from the Interactive Embroidery Series. Easily combine simple shape designs. Kanji lettering and a traditional Sashiko motif was used to create the perfect look for any table.

**Skill Level:** Easy

**Created by:** Diane Kron, Software and Embroidery Project Manager

### **Supplies:**

Baby Lock<sup>®</sup> sewing and embroidery machine  
Thumb drive or the USB cable (comes with the machine)  
Sashiko Interactive Embroidery from Designer's Gallery<sup>®</sup>  
Yellow Moda print fabric - cut 4 - 6" squares

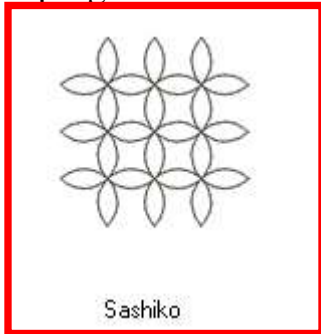
Maroon print fabric – cut 4 - 6" squares  
 Baby Lock® Firm Flex Fusible stabilizer - cut 4 from the polygon template  
 Temporary spray adhesive  
 Madeira sewing and embroidery thread – yellow and orange were used in the sample  
 General sewing and embroidery supplies  
 Rotary cutter and mat  
 Straight edge ruler

## Instructions

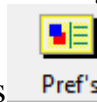
At the Computer:



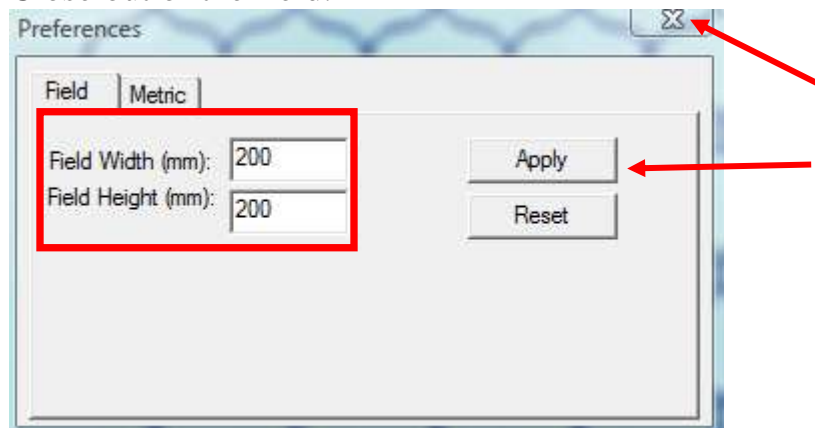
1. Open the program by clicking on the Interactive icon on the desktop.
2. On the left side of the screen next to the workspace, the individual programs are listed. To select the program, slide the Scroll bar downward and left click on Sashiko. If you have more than one program installed, the programs will be listed in alphabetic order.



3. To set the parameters of the design, follow the next set of steps:

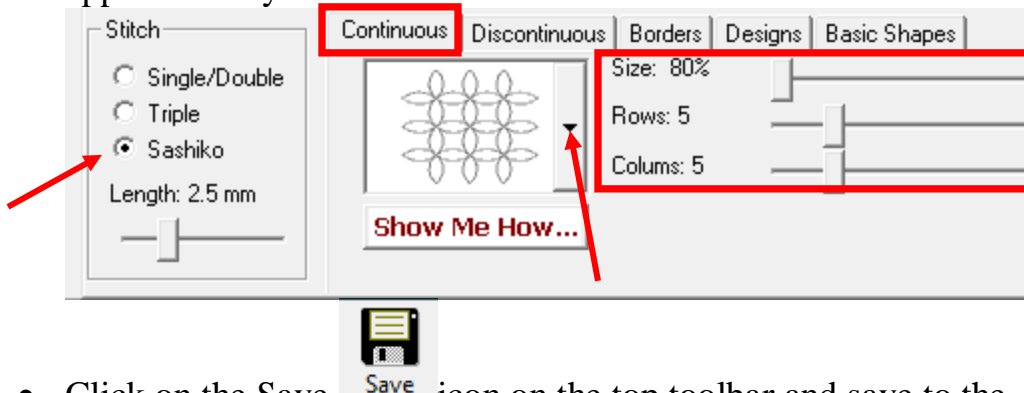


- Click on Preferences on the top toolbar.
- Type in 200mm in the Width and 200mm in the Height fields.
- Click on Apply.
- Close out of the field.



### First Design:

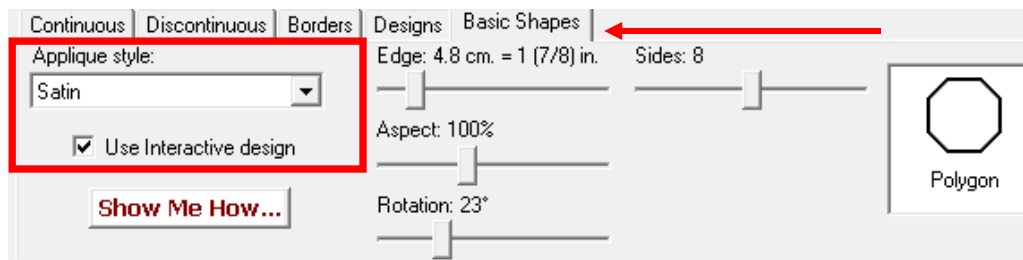
1. The coasters' finished size will be 125mm or 5". Follow the next set of directions to create this design (*see the illustration below for the settings*).
  - Select the Continuous tab.
  - Click on the down arrow in the Design Selection box and select the 7 Treasures of Buddha 1 Shippo pattern.
  - Under the Stitch field select the Sashiko stitch.
  - Set the Size at 80%.
  - Slide the scroll bar to 5 Rows.
  - Slide the Column scroll bar to 5 as well. The size of the design will be approximately 162mm x 162mm.





- Click on the Save icon on the top toolbar and save to the Removable Disk drive (thumb drive). Save in the format that your machine will read.

### Second Design:

1. For the second design, we will create the shape of the coaster and then place a Kanji lettering design in the center. This will use the Interactive field within Sashiko Embroidery. Follow the next set of steps to create the design.
  - Select the Basic Shapes tab.
  - Select the Polygon shape.
  - Set the Sides to 8.
  - Under Appliqué Style, set the edge to a Satin stitch.
  - Place a checkmark in the Use Interactive Design field.
  - Set the Edge to 4.8cm.
  - Set the rotation to 23°.



2. Click on the Print  icon to create a template of the design. Set aside for now. (*This template will be used to cut an exact shape for the back of the coaster from the first embroidered design coaster sections.*)


3. Using the shape on the workspace, click on the Interactive  icon on the top toolbar. Follow the next set of directions to finish the shape design:

- Scroll down and select the Sashiko program from the list on the left side of the workspace.



- Select the Kanji Satin tab.
- From the Design selection box, scroll down and select Happiness.
- Set the Height to 9.0cm. This will increase the size of the word.
- If you need to reposition the word, left click on the word and move to a position of your choice within the 8 sided polygon shape.



- Click on the Save  icon on the top toolbar and save to the Removable Disk drive (thumb drive). Save in the format that your machine will read.
- To create additional words or phrases for your coasters, select a new word or phrase and resize the word so that it fits within the shape.

Click on Save. Repeat until you have all of the desired words or phrases for your coasters.

At the Embroidery Machine - Back Section of the Coaster:

1. Hoop the stabilizer and spray with the temporary spray adhesive.
2. Place the maroon fabric in the center of the hoop and finger press in place. Using the first design, center the needle over the center of the fabric and embroider the design using a yellow Madeira thread to coordinate with the fabric.
3. Repeat for the other maroon squares.
4. Placing the 8 sided polygon template on top of the embroidered sections, cut out the shape using a rotary cutter and straight edge ruler. Set aside.

Front of the Coaster:

1. Merge the second design onto the embroidery machine's workspace.
2. Hoop another piece of stabilizer and spray with the temporary spray adhesive.
3. Place the yellow fabric in the center of the hoop and finger press to secure.
4. Advance though to the last color stop and embroider the Kanji lettering first.
5. Embroider the first color stop using the orange Madeira thread.
6. When the machine stops remove the hoop from the machine. ***Do not un-hoop the stabilizer.*** Using a sharp pair of scissors cut the fabric close to the stitched line.
7. Turn the hoop over to the back side and spray lightly with the temporary spray adhesive inside the stitch lines of the 8 sided polygon shape. Place the Firm-Flex stabilizer over this area and finger press in place. Spray the Firm-Flex stabilizer and place the back embroidered section over the Firm-Flex and finger press in place.
8. Place the hoop back onto the machine, being careful that all of the layers remain in position.
9. Embroider the tack down stitch and then the Satin stitch to finish the coaster. Remove the hoop from the machine. ***Do not embroider the Kanji lettering again.***
10. Repeat until all of the coasters have been embroidered.
11. Iron each of the coasters to hold the layers together following the Firm-flex manufacturer's directions.

Your reversible coasters are complete and ready to be used!

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