

“Sashiko Interactive – Placemats”



Bored with the same look in your dining room? Well, here is the perfect solution to your decorating needs. Sashiko Interactive from Designer's Gallery has inspirational phrases and words that make you feel so good.

Skill Level: Easy

Created by: Diane Kron, Software and Embroidery Project Manager

Supplies:

Baby Lock® sewing and embroidery machine


Sashiko Interactive from Designer's Gallery Interactive Embroidery

Brown floral print

Blue Moda fabric
Batting
¼" Wide Clover™ Quick Bias Tape
Clover Mini Iron
Baby Lock® Tear-Away stabilizer
Baby Lock Edge Joining Foot
Temporary spray adhesive
Rotary cutting tool and mat
Quilting and embroidery thread
General sewing and embroidery supplies

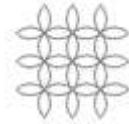
Instructions:

At the Computer:

1. Open the program by clicking on the Interactives  icon on the desktop.
2. To set the parameters on the workspace, click on Preferences on the top toolbar. Type in 180mm in the Width and 130mm in the Height fields. Click on Apply. Close out of the field.
3. On the left side of the screen, the individual programs are listed. To select the program, slide the Scroll bar downward and left click on Sashiko. If you have more than one program installed, the programs will be listed in alphabetic order.
4. To create the lettering for the placemat, click on the Interactive



Interacti... icon on the top toolbar. On the Interactive side of the



program, click on the Sashiko Designs icon.


5. If you have a Sashiko design on the workspace, click on Remove




Frame Design  icon on the top toolbar.

6. Click on the Kanji Satin tab on the Project or Design Window and select any of the words or phrases that are available. Use the same phrase or use a different phrase for each placemat created. Resize the lettering if needed by sliding the Height scroll bar. The default size should fit fine on the placemat.



7. Click on the Print  icon and print out a template of the lettering.

8. Click on the Save  icon. Give the design a name and save as a .pes file to the media device that your embroidery machine will read.

9. Repeat these steps for any additional lettering design.

At the Cutting Table:

1. From the blue fabric, cut 1 strip across the width of the fabric 4 ½" wide.
2. Cut four sections from the blue strip 12" long.
3. From the brown floral print, cut four pieces 15" x 12". Set these aside for now.
4. From the blue fabric, cut 2 ½" bias strips. Piece the bias strips together to form strips long enough to go around all four of the placemats.
5. For the backing, cut four sections from the blue fabric that measure 14" x 20". Set these aside for now.
6. Cut four sections of the batting that measure 14" x 20". Set this aside.

At the Embroidery Machine:

Directions will be written for one placemat. To create more than one placemat, follow the same directions for each.

1. Hoop the stabilizer and spray with the temporary spray adhesive.
2. Pin the templated fabric to the center of the blue section.
3. Place the templated section in the hoop and finger press smooth, centering the template in the hoop while using the cross marks on the template to line up with the markings on the hoop.
4. With the letter design merged onto the embroidery machine's workspace, center the needle over the cross marks on the template and embroider the design using the thread color of your choice.
5. Gently remove the stabilizer from the fabric and press the design flat.

Assemble:

Repeat these directions for each of the placemats:

1. With all of the blue sections embroidered, place the 12" side of the embroidered section to the right of the brown floral print sew the seam together using a ¼" seam allowance. Press the seam toward the blue fabric.
2. To create a sandwich, place the backing section on a flat surface with the wrong side facing up. Place the batting on top and finish the sandwich with the embroidered placemat on the top facing upward.
3. To hold the layers together during the quilting process, spray between the layers using the temporary spray adhesive.
4. Quilt the layers together as desired.
5. Using the Clover Mini Iron fuse the Clover Quick Bias tape over the seam. Stitch close to both edges using the Baby Lock Edge Joining foot.
6. Using a rotary cutting tool and mat trim the placemat to 18" x 12".
7. To bind the placemats, fold the bias strip in half with raw edges even and press.
8. Starting on one of the long edges of the placemat, place the bias strip 4" down from the corner. Using a ¼" seam allowance, start sewing 6" down from the corner. Stop sewing ¼" from the first corner. Fold the bias up so that the edges are even then; fold the bias strip down over the seam creating a 45° angle at the corner. Start sewing from the corner and repeat for the remaining corners. When you get to the starting point, cut the bias strip and tuck the end inside the bias starting point. Continue to sew the bias in place. Press the bias to the back, being careful that the bias is positioned ⅛" over the seam line. Topstitch the bias on the front side of the placemat catching in the bias on the back.

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